



2018 TRAIL WORLD  
CHAMPIONSHIPS

AN  COMPETITION IN  
CONJUNCTION WITH  INTERNATIONAL  
TRAILRUNNING  
ASSOCIATION

## Event conduct guide for trail runners and companions

Penyagolosa Trails HG is requesting all runners and attendees to help out in achieving the sustainability goals as set out in the new policies. We aim to have a sensible use of resources, respect the environment, respect human rights, and, embrace social and cultural diversity. To achieve these goals, we politely ask:

**Not throw any waste on the floor.**

**Please help recycling collection by separating waste into the correct receptacles.**

**Protect the local environment, society and culture**

**Respect the flora and fauna. Avoid leaving the trails and making unnecessary noise (shouting).  
The race takes place in Spring which is breeding season.**

**Be green in your travel arrangements. Share transport wherever possible.**

**Please follow these guidelines and the race rules as set out in official race documents.**

**THANK YOU!**

For a share goal: working together on the little things, we can achieve big things.



ECO   EVENT

